

Activity: Rock Climb & Abseil

Hazard	Risk level			Control Measure	Other Measures
	L	M	H		
Instructional Staff	●			Staff hold SPA or higher.	Staff qualifications held in the office and cross check by SMT
Activity bases.	●			Old quarries, local rock faces, mountain crags and sea cliffs.	Site training undertaken by instructors
Extreme Weather	●			Weather checked, canceled in extreme weather such as very high winds and lightning storms.	Weather checked daily & monitored throughout the day.
Safety Ropes	●			All ropes meet UIAA and British CEN standards. All ropes are stored in our stores and are checked before and after each session.	All equipment is checked before use and records kept in the stores.
Helmets, Harnesses	●			All equipment meets UIAA and British CEN standard.	Equipment check before and after each session and Bi annually maintenance records kept in the office.
Equipment in inexperienced hands.	●			Customers are shown how to fit harnesses & helmets correctly & helped by the instructors All customers are shown how to use any equipment such as belay devices using approved techniques i.e. Classic belay or bell ringing, clipping or tying in to the system.	Instructional staff ensures that all equipment is correctly fitted. Each person is checked by the instructor before they climb. Instructors supervise belaying especially when they are lowering another customer.
Hitting head.	●			SEN approved helmets worn at all time.	Supervised by instructional staff
Falling object	●			All wear helmets when near to the rock face.	Supervised by instructional staff
Getting lost.				Strict group control with boundaries. Supervise clients walking down from the abseil	Supervised by instructional staff
Drowning.				Tide times on sea cliff crags.	Tide times checked before session and monitored by Staff.
Trips & slips	●			Approach paths need care especially when wet. Customers are informed that the walk to and from the abseil could be wet and slippery especially during or after wet days, and need appropriate footwear.	Staff reinforces no running and clients to take extra care when the grass and rock is wet!

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Inverting on the abseil	•			Abseilers are on a safety rope and control by the instructors.	Instructional staff in observation at all times.
Falls	•			All customers climb and abseil with a safety rope. Customers belay using an approved technique. IE Classic or bell ringing and delayers are monitored at all times to make sure that there is no slack rope in the system.	Belays built with at minimum of 2 points. All staff checks that climbers and delayers are correctly tied into the safety any lowering off of customers is supervised by instructional staff.
Hypothermia.	•			Customers are advised to wear suitable clothing and water proofs during the winter months.	Customers are monitored at all time especially during the winter months
Heat exhaustion and heatstroke	•			On warm and hot days, customers are advised to apply sun cream and to carry plenty of water for the day.	Clothing is checked before the start to have the right clothing, hats, cream and plenty of water taken. Instructors monitor the group throughout the session.
Other users.				Customers are made aware of others at the top of the crag.	Monitored by instructors.
Children getting lost and misbehaving	•			All children are supervised by accompany adults. Toilet breaks are supervised by accompany adults	Children constantly monitored and any badly behaved children are removed from the site or the session cancelled.
Anchor points such as Bolts and stakes.	•			All stakes and bolts check before hand and backed up where necessary. No pegs placed in bedding planes to be used.	Instructor check any in suture equipment and back up where needed.
Head injury	•			All customers where approved climbing helmets at all time.	All helmets are check to see that they are all fit for purpose and correctly fitted before and during the session.
Public	•			Appropriate supervision.	Monitored by instructors.
Injury to Clients or Staff	•			All staff are first aid trained and carry first aid	All staff are qualified and have a minimum of 8 hours all staff carry mobile phone.