

## Activity: Land Carting

Hazard	Risk level			Control Measure	Other Measures
	L	M	H		
Staff Qualifications	●			In-house Trained and assessed	Copy of all training at assessments are kept in the office
Activity base.	●			Flat grassy area with safe run outs.	Site specific training.
Extreme weather.	●			Weather checked daily.	Staff monitor the weather.
Safety equipment. Helmets	●			All wear CEN approved helmets. Instructors ensure that all safety equipment is fitted correctly	All equipment is checked before use and bi-annually and records kept in the office.
Heat exhaustion and heatstroke		●		On warm and hot days, customers are advised to apply sun cream and to carry plenty of water for the day, and to wear sun hats where necessary. Plenty of water breaks taken in the shade.	Clothing is checked before the start to have the right clothing, hats, cream and plenty of water taken. Instructors monitor the group throughout the session.
Hypothermia.		●		Customers are advised to have suitable warm clothing for the day and water proofs.	Clothing is checked, All staff carry spare warm clothing, hat and gloves and group shelter.
Trips & slips	●			Customers are advised to wear suitable footwear no open toe shoes.	Monitored by Staff
Being run over.		●		Customers are advised to keep sufficient space between carts when racing. No person is allowed in front of carts at any time.	Safety brief is given before any race and monitored by Staff
Wheels falling of.	●			Checked by the instructor to ensure they are fitted correctly before the start of each session.	Pr-session checks are carried out on all equipment used.
Leg/foot entrapment.		●		Customers told to keep legs and feet on the running boards at all times.	Safety brief is given before any race and monitored by Staff
Carrying the equipment	●			Customers are advised on best way to carry the equipment and to watch out of others. Heavy objects to be carried by two persons,	Controlled by BMA staff