

Activity: Hill Walking

Hazard	Risk level			Control Measure	Other Measures
	L	M	H		
Qualified Staff	•			NGB qualified staff.	Staff qualifications held in the office and cross check by Senior Team
Mountainous areas over 600mts	•			Staff are NGB qualified and experienced.	Good staff knowledge and experience of the area used.
Extreme weather.	•			Weather check daily, appropriate venue used to weather conditions,	Alternative venue used in extreme weather
Trips, slips & falls		•		Customers are advised to wear suitable footwear such as walking boots.	Routes chosen to suit the need for the group.
Hypothermia		•		Customers are advised to have suitable warm clothing for the day, water proofs are carried and a hot drink on colder days.	Clothing is checked, All staff carry spare warm clothing, hat and gloves and group shelter, hot drinks.
Heat exhaustion and heatstroke		•		On warm and hot days, customers are advised to apply sun cream and to carry plenty of water for the day, and to wear sun hats.	Clothing is checked before the start to have the right clothing, hats, cream and plenty of water taken. Instructors monitor the group throughout the session.
Public	•			Appropriate client supervision.	Good group control
Getting lost	•			Route plan worked out. Groups kept together and checked regularly.	Copy of the route left in office. Regular head count
Injury to Clients or Staff	•			All staff are first aid trained and carry first aid	All staff are qualified and have a minimum of 8 hours all staff carry mobile phone.