

Activity: Orienteering

Hazard	Risk level			Control Measure	Other Measures
	L	M	H		
Qualified Staff	•			In-house trained or ML	Staff training and assessment held in the office and cross check by Senior Team
Activity base open common land.	•			Good staff knowledge and experience of the area used	Staff in-house trained
Extreme weather.	•			Weather check daily, appropriate venue used to weather conditions,	Alternative venue used in extreme weather
Getting lost	•			Develop customers skills with map and setting before setting out also advised on boundaries, return times set and group to stay together at all times. Keep younger clients in view, but a competent person with group.	Pre-session map reading training given before starting the session. Staff set routes and walk around assisting and monitoring.
Traffic	•			All clients are advised. To watch for vehicles when crossing any roads	Instructors monitor the group and give help where needed.
Trips, slips & falls		•		Customers are advised to wear suitable footwear such as walking boots.	Routes chosen to suit the need for the group.
Hypothermia		•		Customers are advised to have suitable warm clothing and water proofs for the day.	Clothing is checked, All staff carry spare warm clothing, hat and gloves and group shelter.
Heat exhaustion and heatstroke		•		On warm and hot days, customers are advised to apply sun cream and to carry plenty of water for the day, and to wear sun hats.	Clothing is checked before the start to have the right clothing, hats, cream and plenty of water taken. Instructors monitor the group throughout the session.
Public	•			Appropriate client supervision.	Good group control
Injury to Clients or Staff	•			All staff are first aid trained and carry first aid	All staff are qualified and have a minimum of 8 hours all staff carry mobile phone.